



Feed Dosage using STENDKER-Good Heart

Please split the following feed amounts into 2 – 3 feeds per day and be certain to defrost the feed before feeding.

(The evening before feeding, place the daily amount of feed in your refrigerator in a plastic container with a well-sealing lid, to defrost it gradually so that the feed will retain a firm consistency!)

For **10 discus fish** with a size of:

- 6.5 to 12 cm (2,5"-4,5") you will need approx. ½ to 1 blister (2.5 to 5 g / 0,1 to 0,2 oz) per meal, which corresponds to 7.5 to 15 g / 0,25 – 0,5 oz per day.

- 12 to 18 cm, (5"-7") you will need approx. 1 to 1 ½ blisters (5 to 7.5 g / 0,2 - 0,3 oz) per meal, which corresponds to 15 to 22.5 g / 0,5-0,75 oz, per day.

TIP: Using gardening pruners/ secateurs, you can easily cut the required feed amount from the frozen 500 g / 17,64 oz feed slabs. You can also cut the feed into small portions.

When our frozen feed is defrosted, it will keep for approx. 2 – 3 days in your fridge. Do not defrost the feed in a kitchen strainer under running water, as this will wash out important vitamins.

Please be absolutely certain to defrost frozen feed before feeding! Discus like feed which is hard in texture and may lose their appetite, if they bite into frozen feed. In addition, feed which is still frozen has been known to cause inflammations of the air bladder or inflammations of the intestine in some discus fish.

Depending on the size of your aquarium and the number of fish, it can be helpful to feed in 2 – 3 separate feeding locations, as this gives the weaker fish in your group a good chance to feed too. The defrosted feed can easily be split into smaller portions using a knife or spoon, which you can also use for feeding. Our discus fish and other companion fish eat our feed very quickly and eagerly.

Please take out rest of food after 10 minutes.
