



Tips when on holiday

Most fish die while you are on holiday because your neighbour means well but feeds them too much. We recommend not feeding the fish while you are away. Discus fish larger than 10 cm and other semi-grown fish can survive quite well without food for 2-3 weeks. Larger and older fish can survive even longer, from 1 to 2 months.

These periods of fasting occur naturally and can have a positive effect on health. You will not need to change the water during this period since the lack of food will mean hardly any contamination. Please remember:

- control the aquarium light via a timer
- leave an additional (second) pump/filter running permanently as a backup (do not connect it to the light timer by mistake!)
- lower the water temperature to 27 °C (lessens the appetite of the fish, makes them calmer and lowers their metabolic rate).

When you come back you should only feed the fish a little and increase the amount gradually.

The fish and the filters have to adjust back to the normal amount of food (increase number of bacteria/filter performance).